

Healing Healers

# **2020 AZNAHRO Virtual Conference**

Five weeks, five powerful 90-minute sessions led by five of the greatest speakers and leaders in the country. This conference will restore your power, restore your energy, and restore your faith in the goodness of the world we live in.

It is time to heal the healers.

## **Session 1:**

# **Thursday, Aug 20, 2020**

Presented by International Speaker and Bestselling Author Eric M. Bailey

#### **Session Title:**

You Cannot Reason a Person Out of an Opinion They Never Reasoned Themselves Into.

A Peek into the Brain Science of a Divisive Culture

#### **Session Description:**

Our country has been growing more and more divisive over the past several decades. This has been never more apparent than in the political climate we find ourselves in now. Unfortunately, this division is seeping into the way in which we feel about people on the other side of the divide. In this session, we'll walk through a unique exploration of why these



divisions happen. Then, we'll learn how to overcome these divisions so that we can heal humanity.

### **Speaker Biography:**

Eric M. Bailey is the bestselling author and president of Bailey Strategic Innovation Group, one of the fastest-growing human communication consulting firms in the United States. Eric has a unique set of life experiences that includes earning a master's degree in Leadership and Organizational Development from Saint Louis University, helping NFL Pro-Bowler Larry Fitzgerald pet a rhinoceros, doing barrel rolls in an F-16, and chatting with LL Cool J on the campus of Harvard University. Eric believes that no matter what life throws at you, there's either a lesson to be learned or a story to be told.



## **Session 2:**

# **Thursday, Aug 27, 2020**

Presented by the founder of Arizona Women Leading Government, Nicole Lance

#### **Session Title:**

Be Intentional: Prevent Energy Leaks and Build Your Capacity

### **Session Description:**

No matter where you are at on the front lines of serving others, burnout is not a badge of honor. Serving others and making a significant positive difference is simultaneously the most rewarding work and the most draining work we can do. Leveraging tactical strategies for goal achievement and microstrategies for mindfulness and self-care, this session will meet you where you are at to provide a path for personal restoration and well-being while boosting your capacity for service.

### **Speaker Biography:**

Nicole Lance is the CEO of Lance Strategies and the Managing Partner of Extraordinary Balance. A women's leadership development expert, facilitator, executive coach, speaker, strategic planner, and promoter of self-care, she is passionately committed to helping organizations and individuals succeed in reaching - and reaching beyond - their goals. Leaning on her extensive non-profit, local government, and private sector experience, Nicole translates easily between industries to provide exceptional value and high levels of return-on-investment for her clients. Learn more about Nicole at www.nicolelancestrategies.com



## **Session 3:**

# Thursday, Sept 3, 2020

Presented by Bestselling Author of the UPside of Failure, Tiana Sanchez

#### **Session Title:**

Joy is NOT Canceled! Resetting Resilience

### **Session Description:**

Find hope and resiliency in uncertain times. Lessen emotional distress and take back your happy. Curate

a new narrative when facing adversity. Find out your joy stealers and joy builders.



### **Speaker Biography:**

Tiana Sanchez is CEO of an Organizational Training and Development firm, a Best-Selling Author and Global Podcast host. For over 17 years she has been in the trenches serving as Corporate Trainer and Business Consultant to top leaders in the public and private sectors across the U.S. to foster a more confident and competent workforce in the new economy. Cultivating more human-centric cultures ONE company at a time, Tiana Sanchez International, LLC, a certified Women Business Enterprise, helps companies recoup a percentage of the billions lost due to turnover, reduce the loss of top talent, and retrain managers to increase their effectiveness 10-20%. TSI, LLC has served innovative enterprises including Mercedes Benz, Activision, and a U.S. Government Agency. Named 2018 "Best Executive Coaching Program" by HR.Com, the largest online destination for HR professionals with over 1M subscribers worldwide, TSI, LLC provides world-class leadership programs, specialized keynote presentations, and training seminars. Bachelor studies in Psychology and Business Management and completed certificate programs with American Management Association (AMA) and Ken Blanchard Companies. Her books Undefeatable and The UPside of Failure can be found on Amazon.com.





## **Session 4:**

# Thursday, Sept 10, 2020

Presented by Inc. Magazine Top 100 Speaker, Kris Boesch

#### **Session Title:**

Social Super Glue: How to Create a Culture that Strengthens Your Team During Crisis

#### **Session Description:**

Leading through a crisis can be brutal. Your team is

dealing with uncertainty, stress and duress. In this insightful and energized presentation, Kris Boesch weaves valuable content, enlightening stories and tangible tools to create "social super glue" that is foundational to holding a team together in crisis. This is cultural savviness at a whole new level. Participants will learn how to create voluntary collaboration, camaraderie and connection amongst their teams. This "glue" results in perseverance through tough times, inspiration to go the extra mile and the fortitude to sustain a positive and successful work environment.

#### **Speaker Biography:**

Kris Boesch is the CEO and Founder of Choose People, a company that transforms company cultures, increases employee happiness and boosts the bottom-line. The Choose People 360° Culture Audit is based on over 1000 hours of research conducted with the Industrial Organizational Psychology Department at Colorado State University. She is also the author of Culture Works: How to Create Happiness in the Workplace. Prior to Choose People, Boesch was the CEO of Exodus Moving & Storage. Under her leadership Exodus became the largest mover in Northern Colorado with a turnover rate nearly 40% less than the industry average and a bottom line twice that same average. Kris has been featured as a workplace culture expert in Inc., Entrepreneur and Forbes and was recently named one of the "Top 100 Leadership Speakers" in Inc.



## **Session 5:**

# Thursday, Sept 17, 2020

Presented by Artist, Musician, Composer, and Educator, Enrique Feldman

#### **Session Title:**

YOU Reimagined: Self-Care, Nutrition, & Mind Set

### **Session Description:**

Prepare to elevate your brain health, clarity, and energy all in one session! Join Enrique and experience how to better care for yourself, ignite new perspectives, and newfound abilities to embrace positive mindsets, even during adversity. You'll leave this session with multiple strategies which you can use in your personal and professional life to address isolation, burnout, compassion fatigue and more.

### Speaker Biography:

Enrique is an Artist and Educator whose influence is worldwide. His highlights include:

- \*Founder and Director of Education, Global Learning Foundation
- \*Co-Author of the children's book series Sam the Ant®
- \*Creator, iBG®, Intellectual Brainwave Games
- \*Co-Creator, Sumerian®, Inaudible Tone Technology
- \*Author of "Living Like a Child"
- \*Co-Producer and Performing Artist for theatrical show "The Inner Journey"
- \*2-Time Grammy Nominated Composer and Artist
- \*Co-writer of Arizona First Things First Early Childhood Standards
- \*Original Council Member for First Things First Early Childhood Initiative
- \*Former Professor of Music and Education, University of Arizona
- \*Former Professor of Music and Education, University of Wisconsin-Madison
- \*12 Consecutive Years, NAEYC Presenter



